

## Better Vegan Oil-Free Italian-Inspired Salad Dressing



Source: Better Vegan Category: Vegan Salads & Dressings  
Prep Time: 10 min Cook Time: 0 Total Time: 10 min Makes  $\frac{3}{4}$  cup

### Ingredients:

2 1/2 Tbsp. raw apple cider vinegar  
1 tsp. Dijon or Whole Grain mustard  
2 Tbsp. lemon juice  
1 garlic clove, minced  
1/2 cup filtered water  
1/2 tsp. Himalayan sea salt  
1/2 tsp. Italian seasoning (if you don't have Italian seasoning, you can use 50/50 dried oregano and thyme)  
2 Tbsp. nutritional yeast

### Instructions:

Whisk all ingredients together until well-combined or for the perfectly smooth dressing blend it in a blender.

### Equipment needed:

Blender (optional)

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Recipe Link:

<https://www.betterveganrecipes.com/oil-free-italian-inspired-dressing>